



DR TANIA PHILLIPS

TIGHTSCULPTING, A BODY SHAPING LASER TREATMENT

TightSculpting™ is the latest non-invasive, non-surgical body shaping procedure that utilises laser energy to simultaneously sculpt fat tissue and tighten skin.

As men and women age, the skin progressively loses elasticity and unwanted pockets of fat can develop, causing the body to lose its smooth, lean, and supple contours. Changes in diet and exercise can help control weight, but many individuals find that it may be difficult to tighten loose skin and contour fat deposits without the help of a doctor. In the past, invasive procedures such as liposuction and skin lifting surgeries have been the only method for reducing fat and addressing skin laxity throughout the body.

Why is our laser different to standard laser treatments?

Fotona, (one of the industry's leading manufacturers of medical and aesthetic lasers) has developed TightSculpting™ for non-surgical body contouring applications. This revolutionary laser system is capable of treating both the appearance of skin laxity and unwanted fat.

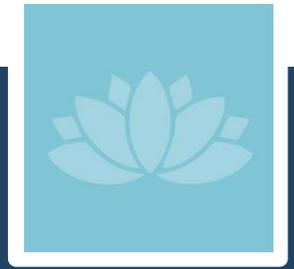
Who is suitable for treatment?

Anyone with areas of fat that they would like shifting – in particular the abdominal area and “love handles” area. You will be assessed initially for suitability for the treatment and your sessions will be tailored specifically for you and your desired effects of treatment.

How does it work?

The 4D, non surgical, non invasive treatment uses the 2 different types of laser energy to effectively contour areas of the body affected by skin laxity and excess fat.

Cosmetics



The treatment has 2 phases:

Phase 1: Deep connective tissue tightening and fat reduction, by stimulating fat metabolism

Phase 2: Tightening the superficial layer of skin, this works by both tightening collage fibres and stimulating new collagen within the dermis.

Evidence: Clinical Study published in the Journal of Laser and Health Academy noted that the effects of TightSculpting™ are both immediate and long lasting. The average loss around the waist circumference is 7-8cm with the optimum treatment package.

What happens after treatment?

Clients may experience minimal redness or swelling after treatment although this is rare and there is no 'down time' with this procedure.

How long will the treatment last?

The results are both immediate and develop over time. The number of sessions patients need will vary from 1-8 sessions, depending on the desired effect. Sessions are generally spaced 10-14 days apart. Results appear to be long lasting with some clients requesting top up over time and some having no further treatment.